

SAMPLE PROGRAMME

	Morning	Afternoon	Evening
Saturday	Arrivals		
Sunday	Free day to discover Montreal		
Monday	Placement Test & Lessons	City Tour	Free Evening
Tuesday	Lessons	Grevin Wax Museum	Free Evening
Wednesday	Lessons	Dance Class	Old Montreal
Thursday	Lessons	Kickboxing	Free Evening
Friday	Lessons	Ice Skating	Free Evening
Saturday	Amusement Park		
Sunday	Free Day		
Monday	Lessons	Mount Royal Hike	Free Evening
Tuesday	Lessons	Blodome	Free Evening
Wednesday	Lessons	Contemporary Art Museum	Shakespeare in the Park
Thursday	Lessons	Bowling	Free Evening
Friday	Lessons	Laser Quest	Free Evening
Saturday	Departures / Quebec city for students staying 3+ weeks		

- This is a sample programme only and changes may occur
- Any lessons / activities missed will not be made up.
- Lessons take place in the morning
- Please note: Students are directly supervised by EC staff at the residence, during activities and at school. At other times assistance is always readily available from staff on site and via the emergency number.

• Activity Rules

- Attendance to all pre-paid and afternoon activities is mandatory. Punctuality for all activities is also mandatory. If you are late for an activity that is time dependent, the activity will continue as scheduled. No refund will be issued for missed activities. English and French are the only languages spoken on all activities. Students are to respect their activity leaders, fellow students and their surroundings. Students will be taken outside the Learning Centre for their activity, therefore, it is essential that the students stay with the group at all times and follow all activity instructions carefully. Supervision is provided during all activities.
- After all afternoon activities, EC Leaders return the students to EC Montreal's Adult Centre. Students have approximately 1-2 hours to use the internet and email in the EC Montreal Student Resource Centre following afternoon activities. Alternatively they can explore the city with their friends.